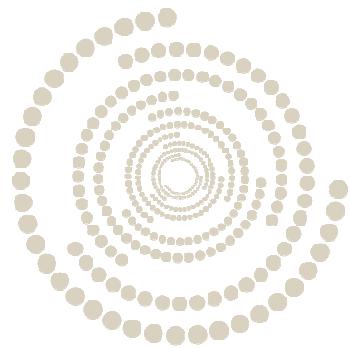


# Leadership Development



**INSIDEOUT**  
LEADERSHIP DEVELOPMENT

Training ▪ Coaching ▪ Consulting

## Introduction





## Who we are and what we do

We are a leadership Development company.

We develop leaders. Leaders who lead others, teams, organizations, change. But foremost, lead Self. From inside out.

Because real change comes from inside out.

## Our team

Our colleagues have 10+ years of corporate background with managerial or executive leadership experience and many years of experience behind them in developing individuals, teams and organizations. This makes us capable of delivering work for you in high quality.

## Our Mission

We develop LEADERS. We support individuals and teams in their personal and professional development. Our goal is to help our clients develop from inside out and thus achieve sustainable change in their worklife as well as in their personal life. As a result of this they will be able to grow a leadership culture around them that is based on autonomy and empowerment.

# INSIDEOUT LEADERSHIP DEVELOPMENT

## Why INSIDEOUT?

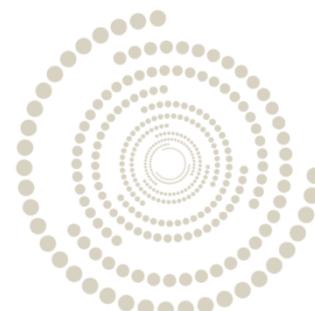
We believe that real change comes from the individual from the inside out. We believe that even one person can ignite change in a system, let it be a team, an organization or a family. We recognize, respect and value personality, while we support the development of personal effectiveness.

## Our Approach

The backbone of our professional approach is Transactional Analysis (TA) and Process Communication Model (PCM®), a personality type model that is based on TA. However to meet our clients' needs we creatively use several other methods and the latest leadership and personal effectiveness development concepts and approaches and integrate in our work.

## The basic principles of TA

- Contracting
- Open communication
- You are OK - We are OK attitude
- Responsibility taking
- Belief in the clients' capability to change
- Autonomy



# Our Solutions: Leadership Development



## Individual Development



### Our Solutions:

- Coaching:
  - Executive coaching
  - Coaching for individuals
  - Shadowing
- Trainings:
  - Leadership Academy
  - Leadership Skill Trainings
  - Personal Effectiveness Trainings

## Team Development



### Our Solutions:

- Team coaching
- Team-building trainings
- Workshops
- Team-building based on PCM®
- Corporate Vitality Index - Assessment in Teams
- Action Learning
- Brief Coaching

## Organization Development



### Our Solutions:

- Developing an Empowering Leadership Culture
- Creating & cascading Vision and Strategy in the Organization
- Customer Experience Improvement
- Corporate Vitality Index™ Assessment
- Change Management

# Our Solutions: Communication Development



## PCM® Personality Types



**Our Solutions:**

- PCM® Basic Training
- PCM® Advanced Training
- PCM® Practice day
- PCM® - based team development

## LOD™



**Our Solutions:**

Leading out of Drama training

- Basic LOD Training
- Advanced LOD Training
- LOD profile for individuals

# Leadership Development Training Programs



## Leadership Academy

Our Leadership Academy is a complex Leadership Development Program, consisting of 1-2-3-day training modules. Individual modules also work as separate trainings.

- **Leading Self** – self-awareness and self-efficiency for leaders
- **Leading Others** – Managing people; basics of performance management
- **Leading Teams** – Building high performing teams and developing effective cooperation
- **Leading Change** – Leading and managing change in teams and in organizations
- **Leading Organizations** – Leading and developing organizations effectively; higher-level leadership.

## Leadership Development trainings

- Empowering Leadership
- 4E Leadership Model™ - 4 Roles of Effective Leadership Practice
- PCM® - Leadership styles and based on PCM® personality types
- Motivational Leadership – Leadership development based on Corporate Vitality Index™
- Coaching skills for Leaders
- Workshop facilitating skills
- Effective Leadership Communication
- Priority Setting and Time Management for Leaders
- High Performing Team – Building and leading effective Teams

## Individual Effectiveness Trainings - not only for Leaders

- Priority Setting and Time Management
- Assertive Communication and behavior
- Presentation Excellence
- Handling Conflicts
- Team-work and Cooperation
- Change Management
- Stress Management
- Intercultural Sensitivity
- Project Management

# Our Way of Working



Our way of working is customer focused and ensures quality, consistency and ease of doing business with us.



# Our References



L'ORÉAL



avis budget group



ING BANK

 Reckitt Benckiser



 vodafone

 Raiffeisen BANK

 FrieslandCampina



 randstad



Deutsche Bank

 Mondelēz International

 Coca-Cola



 Antenna Hungária

 BRITISH AMERICAN TOBACCO

 DANONE NUTRICIA  
Early Life Nutrition

 AkzoNobel

 Pfizer

 hps



*Real change comes from the inside out*

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